

my burnout list

alrighty, pal! let's do this thing.

grab three different-colored pens. using a different color for each area of identification, make columns of the following lists: areas of burnout, lies you're believing, and how to combat those lies (verses or Bible truths). if you need help, let us know! *we'd love to encourage you.*

<i>burnout</i>	<i>lie</i>	<i>truth</i>

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