

guide to the
pray until something happens
30 day challenge sheet

James 1: A power-packed chapter on praying in full faith that God will answer.

Faithful: God's faithfulness promises a new day tomorrow. It promises a never-ending store of grace and power to get through anything and everything.

Romans 4:20-21: Are you "fully convinced that God [is] able to do what he [has] promised"?

In control: When we're praying, it's important to remember that God is in control of everything. Circumstances? Easy. He raised Christ from the dead, parted the Red Sea, beat a huge army with way less people, and stopped time. People? Don't even blink. He changed Saul's demeanor, hardened Pharaoh's heart, and brought Paul to Himself.

Write your prayer: Writing your thoughts down can be super therapeutic. Take a stab at it. Write with your favorite pen on luscious paper. Don't forget to date it and open it later!

Isaiah 38: Meet Hezekiah. He was dying . . . and not too thrilled about it. He asked God to give him more time and because he prayed in such faith, God granted his request.

Healer: Of health, of broken hearts, of relationships, of evil hearts, of our previous old man. He's got what it takes to heal your loved one, bandage up your broken heart, fix that broken relationship with your sister, save your coworker, and do all kinds of miraculous works.

Nehemiah 4: One of my favorite passages! Nehemiah and the Israelites are being ruthlessly teased by Sanballat, who daily taunts him and disheartens them from rebuilding the wall. They eventually end up fighting with their enemies . . . read to find out what happens.

Wise: God knows the perfect answer to your circumstance and He'll make it happen.

Share your prayer: It's okay to be vulnerable with others. Grab other prayer warriors and multiply the prayers heading up to Heaven.

1 Samuel 1-2: Hannah wanted something that seemed impossible. Take notes on how passionately she prays and what her prayer entails.

Strong: Our God controls each foaming crest of the waves; each blinking night star; He's written the stories of billions of people. He's strong enough to answer your prayer!

Job 38: God gives Job a much-deserved lecture on His power (but, I mean, we gotta give Job some credit).

Gives: God has a storehouse of grace, mercy, love, power, strength, joy . . . you list it, He's got it. Better than Amazon!

Pray a Psalm: David had such a way of praising God in his prayers instead of always asking for things. You can see his love and knowledge of God. Pick a Psalm and use it as an outline to praise God for who He is and what He does.

Exodus 14-15: What's more encouraging than reading about God's amazing power in parting the Red Sea?! Also, Chapter 15 records the first song in the Bible! It's sort of a half prayer/song.

Good: One of the most simple truths of the Bible is that God is good and can't do anything that's not good. Very comforting when you need His holy help!

Psalms 118: A beautiful prayer for God's assistance in dire times.

Comforts: He's got an abundance of comfort ready for you at all times, beloved.

2 Corinthians 4:7-18: An amazing verse for seasons of distress. You may be surrounded, persecuted, and cast down, but God is bigger than all that.

Listens: Your prayers aren't going unheard! God listens to every single one of them (as long as you have a right relationship with Him)! In fact, He demands that we pray. He loves communing with us, and prayer is one of the blessings of Christ's resurrection!

Lamentations 3:17-38: A reminder of God's daily mercies to us in the midst of trials.

Love: God's love is all-consuming. It drives everything He does, including answering your prayers. He won't give you anything that's not good in His perfect will.