

oh
beloved
one
**Worship
Day**

8 (or upon waking) Thank God for a new morning.

9 Make coffee, tea, or breakfast for a family member.

10 Go on a nature walk and reflect on some Psalms.

11 Make plans to learn a new skill: ukelele, handlettering, etc.

12 Do yoga or a workout in thankfulness for your ability to move!

1 Memorize Scripture to meditate on.

2 Post on your story with something God is teaching you (tag us @oh.beloved.one).

3 Offer to teach someone a skill for free.

4 Write a letter to a widow or elderly person in your church.

5 Make dinner for your family. Food made with love tastes so good!!

6 Do an Instagram live where you pray or play an instrument and ask for requests.

7 Wash dishes for your mom.

8 Listen to a Christian podcast or sermon.

9 Write a list of attributes of God.

10 Listen to Christian music as you fall asleep.

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Worship Day

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